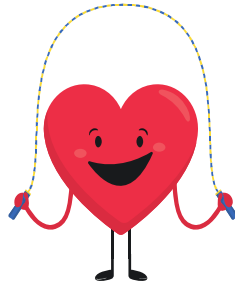


Jump Off Hour



To celebrate our support to the Heart Foundation, GPS will hold our **Jump Off Hour** on **Wednesday 26th July from 2pm-3pm under the COLA**. During this hour, each class will join for a continuous 5-minute skip. Skipping ropes will be provided, or students are invited to bring their own.

You are most welcome to join us under the COLA to watch. The approximate times are below.

Class	Time skipping
KB KD	14:05
KI 1/2M	14:10
1A 1P	14:20
2P 2W	14:25
3/4B 3/4M	14:35
3/4T 3/4W	14:40
5/6B 5/6N	14:45
5/6T 5/6V	14:50

A huge thank you for the effort skipping and fundraising for the Jump Rope for Heart program this term.