



CANTEEN MENU

Open: Wednesdays, Thursdays & Fridays

Order through FLEXISCHOOLS by 9am



SANDWICHES, SALADS, WRAPS & ROLLS

Salad box	\$4.50
Salad box with chicken	\$5.50
Salad box with egg	\$5.00
Salad box with ham	\$5.00
Caesar salad	\$5.50
Chicken Caesar salad	\$6.50

SANDWICHES, WRAPS OR ROLLS

Chicken	\$4.00
Chicken, lettuce & mayo	\$5.50
Ham	\$4.00
Ham, cheese & tomato	\$5.00
Egg & mayo	\$4.80
Cheese & tomato	\$4.00
Caesar wrap with roast chicken	\$6.30
Banana	\$2.50
Vegemite	\$2.00
Jam	\$2.00

HOT FOOD

Chicken burger	\$6.30
Bolognese	\$5.00
Mac-n-cheese	\$4.50
Butter chicken	\$5.00
Chicken fried rice	\$4.50
Frittata & salad	\$5.50
Cheesy garlic bread	\$1.20
Juicy corn cob	\$1.00
Soup	\$4.00
Tomato sauce pasta	\$3.50

Nachos	\$4.20
Tender chicken crunch roll/wrap	\$6.30
Noodle cup	\$2.80
Meat pie (lean beef) - LG	\$4.50
Sausage roll	\$2.90
Dino nuggets (6pk)	\$4.00

PIZZA SUBS

cheese	\$2.00
Ham & cheese	\$2.50
Ham & pineapple	\$2.60
BBQ chicken	\$2.60

GLUTEN FREE MENU

Chicken tenders GF	\$2.00
Cheese sub GF	\$2.50
Pasta GF	\$4.50



Place lunch orders from your iPhone or iPad! Find us in the App Store.



GREEN - everyday foods
RED - occasional foods



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SNACK FOOD

SNACKS

Whole apple / banana	\$1.20
Slinky apple	\$1.20
Cheese stick	\$1.00
Popcorn	50c
Mini crunch bag	\$1.50
Mini crunch bag & cream cheese	\$2.00
Custard pots	
- vanilla / strawberry / chocolate	\$1.30
99% juice jelly cups	\$1.00
Pancakes with or w/o jam	\$1.00
Muffin - weekly flavours	\$1.00
Apricot & coconut slice	\$1.00
Red Rock Deli chips	\$1.50

FROZEN SNACKS

Mini fruit juice shots	
- apple / apple & blackcurrant	20c
Frozen fruit	
- orange bite / pineapple UFO	50c
Snappys (4 flavours)	\$1.00
Ice Mony	\$1.00
Moosies - chocolate	\$1.50
Twisted frozen yoghurt	
- watermelon & mango	\$2.50

DRINKS

Bottled water 600ml	\$1.00
Fresh milk (cold or warm)	\$1.00
Warm milo	\$2.00
99% Just Juice popper	
- apple / apple & blackcurrant	\$2.00
Glee cans	\$2.50
Oak lite flavoured milk	\$2.50

THURSDAY Meal Deals



Check out our weekly THURSDAY Meal Deals in the Flexischools App - under 'Specials/Exclusives'. Meal deals will change weekly. Subject to availability.

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