



GWANDALAN PUBLIC SCHOOL NEWSLETTER



Wednesday 3rd April, 2013

Dear Friends of Gwandalan Public School

Have a Safe and Happy Holiday.

Many thanks to parents who have continued to support staff in delivering quality programs to students. We appreciate your support and hope you will continue.

SCHOOL DEVELOPMENT DAYS & STUDENT RETURN DATE – TERM 2

All students return on Wednesday, 1st May. Teachers will be working on Monday & Tuesday undertaking training on both days.

PARENT INFORMATION SESSION

There are 3 vacancies for this session remaining. Listen to Ann-Maree Kelly discuss *Catastrophe Scales & The Emotional Thermometer*. Please let the Office Staff know if you are interested. Wednesday, 10th April in the Community Room – 9.15am to 11am.

DISCO



Wednesday 10th April
Theme: **MOVIE CHARACTER**

Time:

K – 2 5pm – 6.15pm
3 – 6 6.30pm – 8.00pm
Cost: \$4.00 per student



ENVIRONMENTAL EDUCATION

Last Friday, Rumbalara Environmental Education Centre organised the first of a series of interactive video conferences for students across the coast on Environmental topics. At lunch time, interested students from Years 3-6, connected with frog expert, Ross Wellington, for an interactive video conference, slide show and questions. Students from Gwandalan Public School connected and learnt about different types of frogs, their calls, a fungus disease that is killing off a large percentage of tadpoles and frogs and how to keep them and look after them in the classroom. Our students seemed fascinated and asked some thoughtful questions. Many thanks to Mr Bryan Martin for setting up the equipment for us. If anyone finds or hears about a local population of tadpoles, please let me know. Many thanks, Helen Styan

WOOLWORTHS EARN AND LEARN

We are participating in the Woolworths Earn and Learn program again. Through this program we will be able to get new educational resources for our school. All you need to do is shop at Woolworths and collect the stickers. Place the stickers onto the Earn and Learn Point Sheet. When the sheet is complete, the points sheet can be dropped into the collection box at school or at your local store. Earn and Learn Point Sheets will be sent home tomorrow.

CANTEEN

Lake Haven Shopping Centre are again conducting the RUN AROUND AUSTRALIA 2013 competition. Commencing on 15th April. Customers are asked to present shopping receipts at the Customer Service Centre or drop boxes in the centre located at the Customer Service Centre.

Customers are awarded kilometres for dollars spent, just nominate Gwandalan Public School for us to receive the benefits. We have a 1 in 15 chance of winning 1st prize. \$10,000

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Sporting Houses
Awabakal - Green
Coomalong - Blue
Eurie - Red

School Rules
1. Show Respect
2. Let Everyone Learn
3. Play Safely

P&C meets on the
1st Tuesday of each month
in the Community Room
at 3.30pm.

All parents and members
are invited to attend.

Office Hours
8:40am-3:15pm

RESPECT • RESPONSIBILITY • FAIRNESS • INTEGRITY • PARTICIPATION
EXCELLENCE • DEMOCRACY • CO-OPERATION • CARE • FORGIVENESS

Dates to Remember	
Wed 10 th April	Catastrophe Scale and Emotional Thermometer. Parent Information Session Disco
Fri 12 th April	Last day, Term 1
Mon 29 th April	School Development Day
Tues 30 th April	School Development Day
Wed 1 st May	Students return for Term 2
Fri 3 rd May	Classic Shield Open Rugby League Carnival
Fri 3 rd May	Classic Shield Open Rugby League
Fri 10 th May	Cross Country
Fri 31 st May	Zone Cross Country

STAR  SLIPS	
K/1K	
10 SLIPS	Sharni Pagett
Tori Adamson	Aria Knight
Zoe Bakker	Cameron Jones
Haylie Murchie	Tyler Smith
MJ Lowe	Hamish Brown
Elly Daniel	Andrew Greenwood
3/4S	
10 SLIPS	25 SLIPS
Adam Ings	Taliah Handebo
Campbell Gunn	Emma Dyer
Korbyn Pepene	Blake Murchie
Bella Cook	Madison Duce
Ethan Barrett	Ella Blundy-Edwards
Brandan Barry-Cross	Casey Knight
Carolynn Durand	BJ Panjer
Cody Hughes	Emmett Titley
Casey Savin	Bonnie Vandeven

MR VINE'S SPORT REPORT

BOYS CRICKET

Unfortunately the boys Cricket game against Lake Munmorah was cancelled again last Wednesday due to the heavy downpour of rain on Wednesday morning. The game will be played in the near future. Thank you to all the parents who offered to provide transport for the team members.

CROSS COUNTRY

Our school cross country carnival will be held on 10th May, next term. Students who are 8 years or older will begin training this week at school, three times a week. It is recommended that students who are serious runners begin their training at home and continue their preparation throughout the holidays. All students will need to make sure that permission notes and medical notes are returned promptly to the school in order to allow them to participate in

the carnival at Point Wolstoncroft. Students who qualify from our school carnival will compete at the Wallarah Zone carnival at Wyong Race club on Friday 31st May (week 5).

RUGBY LEAGUE

A reminder for students selected in teams that training will occur on the following days.

Under 10s-Tuesday 3pm on the school oval

Open Boys-Thursday 3pm on the school oval

DATES FOR RUGBY LEAGUE CARNIVALS.

Classic Shield-Open Boy- Friday 3rd May (week 1) at Toukley.

Central Coast All Schools- Open Boys and Under 10s-Thursday 30th May (week 5) at Berkeley Vale.

UNDER 10S RUGBY LEAGUE TEAM.

Thank you to all the boys who trialled for the Under 10s Rugby League team last Tuesday. Due to the high numbers of children interested in playing, it has been decided that we from an under 9s team that will compete in the Central Coast All Schools carnival on June 20th.

BOYS AND GIRLS SOCCER

Both the boys and girls soccer team will be selected early next term. Gala days will be organised for both teams where they will play several rounds on the same day. Students will be informed at school when the teams will be selected.

SCHOOL COUNSELLOR

Dear parent/carer

I am the current school counsellor at Gwandalan PS. This year I am at the school each Wednesday and Friday and the other days I'm at Lake Munmorah High School. I will be running *Seasons for Growth* again this year starting in Term 2 with a Stage 3 group (Years 5 & 6).

Please read the information below regarding *Seasons for Growth* and return the permission slip to the school if you would like your child to participate. If you have any questions please don't hesitate to contact me at the school. I look forward to working with you and your children.

Regards

Leanne Taylor,
School Counsellor

ASSEMBLY AWARDS	
K1/K	
Hamish Brown	Excellent effort in Reading
Elly Daniel	Trying hard in Maths
Andrew Greenwood	A wonderful Easter Hat
Mia-Rose Debono	Always doing her homework
3/4S	
Luke Casey	Great attitude to class tasks
BJ Panjer	Great attitude to all class tasks
Carolynn Durand	Great attitude to all class tasks
Ella Blundy-Edwards	Excellent effort in spelling work
Breanne Hickson	Excellent story writing
Casey Knight	Excellent effort in Maths
1/AF	
Maddison Handebo	Being a responsible class monitor
Finn Jenkins	Being a sensible and friendly member of the class
Zeke Parker	Excellent effort drawing and labelling 3D shapes
Jessica Bourne	Excellent effort in reading
1/2L	
Cooper Tippet	Excellent work in learning about adjectives
Hannah Moreau	Improved attitude in class
Kurtis Fry	Quality handwriting
Maxx Bramman	Excellent reading in class
3P	
Felicity O'Brien	Improvement with Exposition writing
Amelia MacAlpine	Improvement with Exposition writing
Janayah Coutts	Excellent effort with homework activities
Sophie Larkham	Improvement with her Writing and spelling
Nathaniel Morgan	Improvement with behaviour and effort
4/5T	
Jeremy Kevill	Excellent effort and sportsmanship in PE
Codi Sharp	Consistent effort in all areas
Jasmine Pazzan	Always completing tasks to the highest standard
Christopher Baldrige	Well thought-out arguments in exposition writing
Saxon Forbes	Great Exposition writing
6V	
Guy Rosewarn	Setting a great example for other students
Frank McLenaghan	Consistent contributions to AL lessons
Daniel Alberty-Grima	Fantastic artwork and drawings
Colin Thompson	Co-operating well with others and being a thoughtful student
Codi Sharp	Outstanding effort at all times
Annabelle Lowe	Outstanding bookwork and beautiful manners

Seasons for Growth is a program designed for children, young people and adults to assist them in managing and understanding the effects of significant change, loss and grief in their lives. The program provides a safe and creative way to explore feelings, memories, loss and grief in a small group.

Research indicates that **Seasons for Growth** is very valuable for both children and adults who are dealing with a current personal loss such as death of a family member, family break-up, moving house/school, unemployment, illness, disability, etc. Research shows that participants continue to use their learning from **Seasons for Growth** as they face subsequent change, loss and grief in their lives. *"The most important thing I have learned is that things change whether you want them to or not and you learn more things"* (Primary School Participant)

The **Seasons for Growth** program caters to the needs of young people aged 6 – 18 years. It is conducted in **small peer groups** and consists of **eight 'seasons' sessions** each between 40 to 50 minutes in duration, with two sessions being spent on each 'season' exploring and understanding the challenges and learning required by the specific season.

The **aims** of the program are:

- ☐ To support young people to understand and manage change, loss and grief in their lives
- ☐ To assist them in understanding that the emotions associated with the loss are normal
- ☐ To encourage the expression of thoughts and emotions
- ☐ To educate about the grief process
- ☐ To develop a peer-support network
- ☐ To help restore self-confidence and self esteem
- ☐ To reduce isolation

Permission for Seasons for Growth

I,
(parent/guardian),

would like my child/ren
..... class.....

to attend the Seasons for Growth group when available at Gwandalan PS in 2013.

Signature: _____