



## Term 2 Week 5 Wednesday 25th May, 2016

### Mr. Osland's Messages

Welcome everyone to Week 5. Gwandalan Public School has seen another busy fortnight with a lot of learning, sporting and extra-curricula activities taking place that supports student growth and development.

Well done to all our students who have represented our school across our community. It fills me with a great deal of pride to hear the positive comments about our school. Please keep up the great effort.

### SAFETY CONCERNS IN MORNINGS & COURTYARD AREA

As a friendly reminder please note that supervision is only provided for the school children **from 8.40am onwards**—this is a safety concern for the children arriving much earlier than this with **no supervision** available.

We are ALL busy people and occasionally may need to drop off kids early—we ask if this is to occur that you first contact the office to ensure student safety. If you have any concerns please do not hesitate to contact the school.

We also ask that all parents with small children (non-school aged) are thorough in their supervision in the Courtyard before school starts and at collection time. As we have many steps and levels child safety is our number 1 focus.

Staff on duty find it difficult to supervise the K-2 students when their younger siblings are often running around, along with the hazards of the school bags. On the ground

Your co-operation in this matter is greatly appreciated.

### DOGS in/on SCHOOL GROUNDS

We ask our community to please ensure that **no dogs come inside the school grounds**.

We ask this as a common expectation as we have many students that may have anxiety towards them. We realise that the family pet is an important member of the family and that majority of situations nothing will happen.

Thank you for your support in this matter.

### ROAD SAFETY

Can we **ALL** continue to assist our students to develop their road safety skills.

We ask parents to cross the road with their child (using the crossing for additional safety), always support the 40km speed limit around our school, ensure students exit the car in a safe manner and be careful when reverse parking.

Students are easily excitable and often display behaviour that they may not understand is unsafe near roads. Please talk to your child regularly about how to stay safe in different situations that may include running around cars of their peers.

Please remember it is everyone's responsibility to ensure students arrive at school safely (including bus stops).

We also ask students to wear helmets when riding their bikes /scooter or skateboards so they are best protected.

### UNIFORMS

We are extremely impressed by our efforts regarding our uniform. Our students always look outstanding. As we move into the colder months we would like to remind parents that students are not to wear leggings alone.

Students can wear their polo shirt, school jumper, black pants (long pants or tracksuit pants) or black or navy stockings if students wear a tunic. We are reviewing our winter uniform further to ensure we continue to meet the needs of students and parents alike. Any feedback regarding our uniform please let us know or come along to next P&C meeting.

### SPECIAL CONGRATULATIONS

Well Done to all our students that represented the school at Zone Cross Country, Zone Sporting Trials, Chess club, Grip Leadership, Star Struck and the list goes on.

We have a very talented group of students across all parts of our school. Parents and students should be extremely proud of their efforts.

Special thanks to my staff for all their efforts behind the scenes it is greatly appreciated.

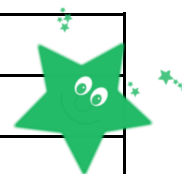
## Assembly Awards 2016 Term 2 Week 3

Class	Name	Reason for Award
KA	Taj Fitzsimmons	A fantastic orange octopus!
KA	Lily Davies	Working hard in Literacy groups
KA	Ila Milton	Excellent listening during learning time
KA	Mitch Connor	Working hard in Maths activities
KW	Harrison Maria	Being confident to 'have a go' when writing unknown words.
KW	Brittney Forster	Using her sounds to work out words when reading.
KW	Tyler Neale	A polite and helpful new class member.
KW	Lara Forster	Always a respectful listener when others are speaking.
K/1D	Sonny Cooper	Working hard to 'predict' what texts are about
K/1D	Ruby Eldridge	Being confident in her own ability to attempt tasks independently
K/1D	Billy Zrieka	Showing leadership in group activities
K/1D	Kealeigh Wilkinson	Providing detailed verbal responses about stories read in class
1J	Boyd Wilks	Using effective counting strategies during 'Ten time'
1J	Lauren Boslem	Fantastic effort during 'Ten time'
1J	Skye Smith	Being a kind and caring classmate
1J	Lucia Hancock	Always using beautiful manners.
1I	Taleeha Duncombe	Using our 'word walls' to create interesting and accurate sentences.
1I	Cooper Corbett	Improvement in reading
1I	Coby Murphy	Using the 'counting on' strategy, with confidence, in TEN lessons.
1I	Tyson McBride	Learning to take pride in his book work
2W	Bella Dundas	Neat presentation of written work
2W	Jesse Cooper	Trying hard to improve reading skills
2W	Cody Nuttridge	An excellent koala diorama
2W	Rebecca Tattersall	An excellent dugong diorama
2A	Cooper Myers	A great speech about his Diorama
2A	Kiara Walton	An fantastic diorama
2A	Damon Boslem	An outstanding diorama
2A	Olivia Byrnes	Always being an excellent student



## Primary Assembly Awards 2016 Term 2 Week 4

Class	Name	Reason
3/4E	Kaley Bull	Always being on task and working tough.
3/4E	Jayden Murphy	Always being ready to learn.
3/4E	Riley Morrison	Producing a beautiful 'Storm Boy' artwork.
3/4E	Emily Hodder	Always having outstanding bookwork.
3/4S	Mason Hamilton	Quality speech delivery to the class
3/4S	Mia-Rose Debono	Presenting her speech to the class
3/4S	Lachlan Adams	Quality work habits
3/4S	Beau Wilks	Improved quality work habits
3/4V	Cooper Considine	Displaying an interest in reading
3/4V	Shakiera Watkin	Outstanding behaviour and a great attitude
3/4V	Sharni Pagett	Helping others and being a caring student
3/4V	Zach Wilberforce	Excellence in Mathematics
5/6S	Alex Perrin	Cooperating well in whole class/group activities
5/6S	Beth Meehan	Showing care and consideration at all times
5/6S	Mitchell MacDonald	Displaying good sportsmanship
5/6S	Jackson Dodd	A big welcome to GPS!
5/6T	Sean Gibson	Quality work effort
5/6T	Bailey Moore	Outstanding School Contribution
5/6T	Darcy Campbell-Butler	Excellent Effort
5/6T	Hayleigh Shae-Hughes	Positive efforts in all areas
5/6W	Billy Smidt	Great work in class
5/6W	Atlanta Hall	Trying hard in all areas
5/6W	Olivia Austin	Quality effort across all areas
5/6W	Sahara Dodd	Excellent attitude in class





# OPERATION ART

Gwandalan Public School is participating in Operation Art 2016. Four fabulous artworks from our school have been chosen to be professionally framed and exhibited at the Newington Armory Gallery, Sydney Olympic Park opening on Saturday 10<sup>th</sup> September. Fifty artworks will then be selected to become part of the permanent art collection of The Children's Hospital at Westmead. Congratulations to Jocelyn (5/6T), Daisy (5/6W), Zoey (1I) and Ruby (KS) who have been chosen to represent our school.

Mrs Ireland

Operation Art Coordinator



# Canberra Excursion 2016

Next Term Year 5 and 6 will be going on an excursion to Canberra from Wednesday 17th August to Friday 19th August, 2016. We would like all students to attend as this is a wonderful educational experience visiting places like the National War Memorial, Parliament House, The Dinosaur Museum, Questacon, Black Mountain Tower and the National Mint.

The cost of this excursion will be \$340 due to current enrolments.

We are staying in motel accommodation at Gold Creek and your child is assured of a very comfortable bed, along with a bathroom in each of the rooms to share. There will be four teachers attending and the cost of the excursion will include all meals (except for lunch on the first day), accommodation and coach travel.

**A note will be sent home with the students today. This will need to be returned with a \$50 deposit to secure your child's place on the excursion by Friday 3rd June, 2016.**

Canberra is a great excursion— one of my very favourites!!

S. Tangye





# **Payment Options**

## **Parent On-Line Payments**

Gwandalan Primary School recently transferred onto the new LMBR Finance System, which is linked to Westpac Parent on-Line Payment System. The site is a secure site and it enables families to pay for excursions / incursions, voluntary contributions or any other necessary school payments at home using their home computer.

To access the new parents On-Line payment System, families will need to go to the schools website. On the home page there is a tab on the right of the home page that states "Make a Payment". By clicking this button you will be presented with a screen that asks for the students details, only where the green \* needs to be Completed .

It will then ask for your Payer details, which will allow for the system to email you a receipt for your payment.

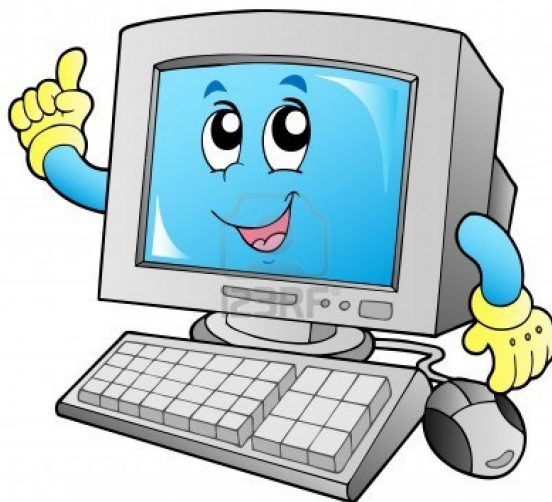
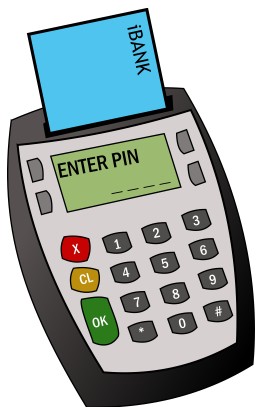
It will ask you to indicate why you are making the payment eg: Stage 3 Canberra Excursion. You then proceed to the payment page, where you can enter credit card details for your payment and a receipt will be emailed to you.

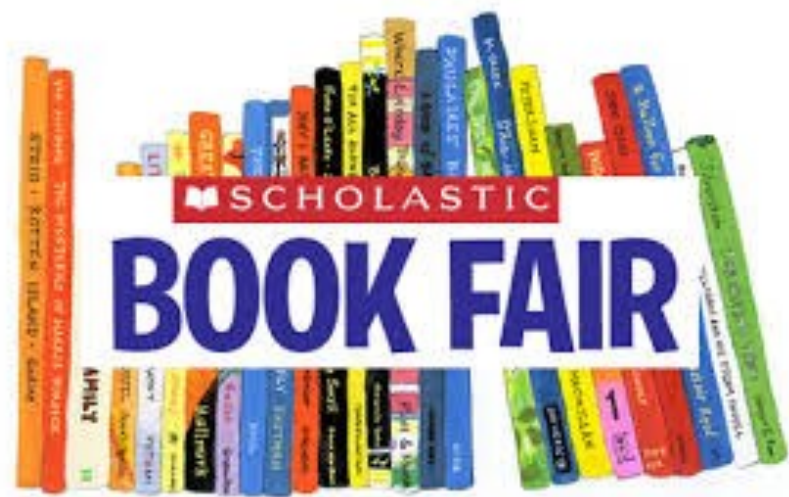
If a payment is made before 6pm, your payment will be on the next day's school statement. If it is made after 6pm, the school will be notified the following day. Cut-off dates at Gwandalan Public School will still apply.

I hope that this may make systems easier for families and will alleviate some student taking large amounts of money to school.

You are still able to make payments via cash, cheque and EFTPOS.

If you have any concerns please contact the office.





Parents are invited to visit our amazing Book Fair in our Library on

***Wednesday 1st and Thursday 2nd June  
from 8:30am-4:00pm .***

The children will have the opportunity to have a look at what is available this week and write their favourite books on a “Wish List”.

If you are unable to visit on these days you are welcome to send in the orders and money prior to the Fair.





# Gwandalan Canteen Menu Term 2

## SANDWICH BAR

### # Step 1 Choose your filling

Salad sandwich 3.00

Lettuce, tomato, cucumber  
carrot & beetroot.

Meats & Proteins 3.00

Chicken Breast

Leg Ham

Tuna

Egg

Cheese sandwich 2.50

### # Step 2 Pick your extras

Meats 1.00

Salad all 1.00

Salad each 0.30

Pineapple 0.30

Cheese 0.50

Bread Roll 0.50

Wrap 0.50

Spread sandwich 2.00

Vegemite

Jam

•No Charge for Mayo, Tomato Relish or Sauce

•No charge for toasting

•All breads, rolls & wraps are wholemeal.

## SALADS

Garden Salad 3.50

Lettuce, tomato, cucumber  
carrot & beetroot & dressing

Caesar Salad 4.00

Lettuce, bacon, egg  
cheese & caesar

Bunny Bag 3.00

mixed salad fingers & pesto or hummus

## WEEKLY SPECIALS

*Soups, Pastas & many more check*

*newsletter & canteen blackboards.*

*We love donations of fresh ingredients  
especially from local home gardens.*

## HOT FAVOURITES

Chicken Burger 4.50

with lettuce and mayo

Beef Burger 5.00

with lettuce cheese & tomato & sauce

Pumpkin Soup & garlic bread 3.00

Chicken & Basil Pesto Pasta 3.50

Lasagne 3.50

Pizza Bread choose from: 2.00

ham & cheese

tomato & basil

barbeque Chicken

ham & pineapple

Snack beef pie 1.50

Snack sausage roll 1.20

Hot dog (skinless) & sauce 2.50

Hot dog (skinless), sauce & cheese 3.00

Noodle Cup 2.20

Wedges & sauce choose sauce 3.00

Hash Brown 1.00

Dino nugget 0.50

Chicken stix 0.50

## SAUCES & DIPS

Sauces 0.30

Tomato, Bbq, Sweet chilli or American mustard

Dips 1.00

Basil Pesto

Hummus

\*\*\*\* green foods, eat most of

\*\*\*\* orange foods select carefully

\*\*\*\* red foods, not on the menu



# Gwandalan Canteen Menu Term 2

## SNACKS

selection of items available at recess

Fresh cut fruit pieces	0.20
Whole fresh fruit	0.50
Popcorn bag	0.50
Ham & Cheese toasty half	0.50
Yoghurt Cup	1.00
Pizza Bread	2.00
Pikelet	0.50
Custard Cup	0.80
JJ's - Chicken or S & V	1.20
Red Rock Deli - honey soy	1.20
Jumpies - chicken	1.20
Cheese and Bacon Roll	2.00
Finger Bun	2.00
Custard Tart	2.00

## DRINKS

Water	1.00
Milo Cup	2.00
Served Hot or cold	
Oak light milk	2.00
strawberry, chocolate & banana	
Juice	2.00
apple, orange & apple & blackcurrant	
Quench	2.00
lime, cola, blue heaven, orange & raspberry	
LOL	2.00
raspberry, tropical & blackcurrant	

Daily specials from 20c to \$2  
depending what is fresh  
and available

## ICY TREATS

Available only at lunch

Fruit pops	0.60
Ice Mony (TNT) - cola & ka bluey	1.00
Zings	1.00
Moosies - Chocolate & strawberry	1.20
Callippo - raspberry	1.20

## Volunteers

Our canteen has a paid manager, but relies on volunteer parents and grandparents to be able to function effectively. Volunteers for an hour or two are welcome, whether to help with food preparation, processing orders or counter sales. Children love to see their loved ones helping in the canteen.

## Food Focus

Check out each newsletter for our focus food section. Each fortnight we focus on a fruit or vegetable. It includes what it is, how it's grown, nutrition & a simple recipe. If you have any ideas for this section please pop in to see us in the canteen.

\*\*\*\* green foods, eat most of

\*\*\*\* orange foods select carefully

\*\*\*\* red foods, not on the menu

## CANTEEN NEWS

### Meal Deal

Our first Healthy Choice Meal Deal day on Thursday the 5th of May was a great success with over 140 meals going out to our beautiful (patient) children. The wonderful response was an overwhelming surprise and although a 15 minute delay was incurred many lessons were learnt and we look forward to our next Healthy Choice Meal Deal early next month. Thank you for your support.

### Volunteers

I would like to take this opportunity to thank all our beautiful parents and grandparents helping to put smiles on the faces of our children. Your assistance and ideas are a vital part of our canteen success, and is truly appreciated.

If anyone would like to offer a few hours help just pop into the canteen or leave a contact at the office. The children love to see there loved ones being a part of their school.

### Lunch Orders

Limited hot food is available at lunch time over the counter. If you would like to order from the Sandwich /Salad Bar or Hot Food Favourites please place a lunch order.

This can be done at recess if needed.

### Lunch order bags

Should be clearly labelled with your child's name & class.

To help with processing the orders please use the correct change where possible, and avoid sticky tape and staples.

Strong large lunch bags can be purchased from the canteen for 10c each or a bundle of 25 for \$2

### This weeks belly warmers are

Vegie bake, vegetables in a cheesy white sauce for \$2.00 &

Egg and bacon tarts for \$1.00

Baked Bean Cups 80c

### Woolworths

A special thanks to Woolworths Lake Munmorah for providing us with a fruit and veg box each week. Many of the children love to come and enjoy a free snack of fresh cut raw vegies at lunch and Free Fruit Fridays are becoming very popular.

Our school **gardening group** also provide us with fresh harvested goods.

So fresh & yummy.

New Menus are available at the school office, canteen or via the app.

Again, thank you for supporting our canteen.

Much love and happy taste buds to you all.

Jane



**BASIL**

<b>In Season</b>	Spring, Summer & all year in warmer areas
<b>What to Look For</b>	large, soft, fragrant, lush foliage
<b>How They Grow</b>	Bushy plant, grown in the ground or pots,
<b>Nutrition</b>	Vitamin K, Vitamin A, iron, calcium, manganese, magnesium, vitamin C and potassium.
<b>Cooking</b>	Combines well with rosemary & thyme for meat & fish dishes. Sprinkle on salads, sandwiches & stir-fry's
<b>Storage</b>	Store at room temperature. Cut bottom of stems, put in jar with an inch or two of water like you would flowers
<b>For more Information</b>	<a href="http://www.foodfacts.mercola.com/basil.html">www.foodfacts.mercola.com/basil.html</a> <a href="http://www.abc.net.au/gardening/stories/s1098637.htm">www.abc.net.au/gardening/stories/s1098637.htm</a>

**BASIL PESTO**

- 45g (1/4 cup) pine nuts
- 1 1/2 cups fresh basil leaves
- 2 small garlic cloves, halved
- 60g (3/4 cup) shredded parmesan
- 5 tablespoons olive oil



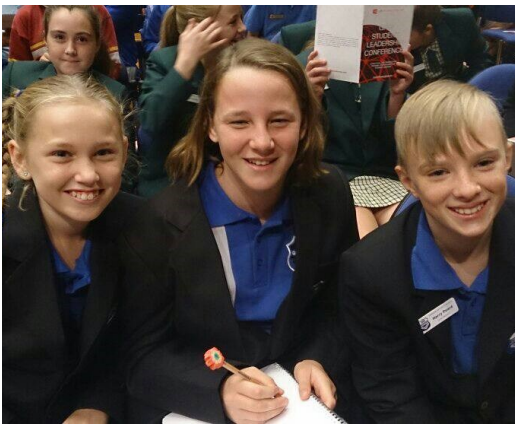
Preheat oven to 180°C. Spread the pine nuts over a baking tray. Bake in oven for 5 minutes or until toasted. Remove from oven and set aside for 10 mins to cool

Place the pine nuts, basil, garlic and parmesan in the bowl of a food processor and process until finely chopped. With the motor running, gradually add the oil in a thin steady stream until well combined.

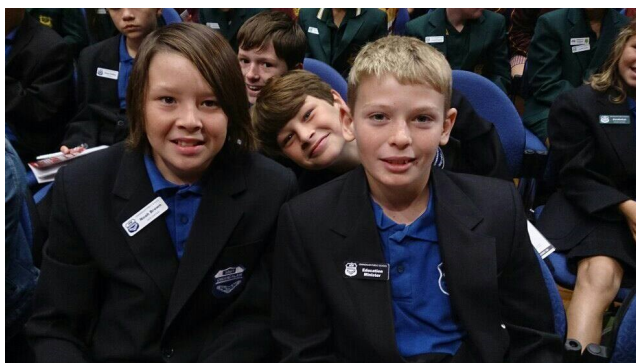
Add to fresh pasta for an easy meal or use as a dip.

Store in the fridge in a jar..





# Our Wonderful Leaders



# Gwandalan P&C

***Is desperately calling for volunteers to assist with future fundraising projects.***

It would be wonderful to see familiar and new faces volunteering with the Gwandalan Public School P&C in 2016.

It is hoped that 2016 will see many new faces join our fundraising team. P&C events are very important to our students and the school community. Without volunteers we cannot fundraise.

The current Fundraising Co-ordinator Mrs Nicky Davis, has been attending to P&C fundraising events for a number of years now and feels that it is time to hand over Fundraising to a new group of volunteers.

In order to share the fundraising load it has been discussed at recent P&C meetings that rather than one person co-ordinating all events it may prove beneficial to the school community to have a number of organisers each of whom has a specific event to Co-ordinate.

## **We currently require fundraising volunteers for these events:**

Father's Day Stall

P&C Trivia Night

Annual Gwandalan Public School Fete and Car Show

Nicky will be on hand to guide, advise and assist with any queries or concerns in regards to fundraising. If you would like to discuss the possibility of making a contribution to the P&C efforts as a volunteer or event Co-coordinator, please contact:

Mrs Nicky Davis, Fundraising Co Coordinator on 0409 469252 or Mrs Peita Vine, President Gwandalan P&C. on 0450 906669.

Alternatively you can contact the school office on 4976 1318 for further information.

**Remember, one of the greatest gifts you can give s your time. What will your kids learn by seeing you volunteer?**

Find us on 





## **DATES TO REMEMBER**



### **MAY**

**Thursday 26th May**                      **Star Struck Rehearsal 9am-3pm**

**Friday 27th May**                      **Girls Soccer—Tunkawallin Oval**  
**Chess Comp**

### **JUNE**

**Wednesday 1st June**                      **Session 2 Interest Groups Begin**  
**Book Fair—Open to Purchase 8:30-4:00pm (Library)**

**Thursday 2nd June**                      **Book Fair—Open to Purchase 8:30-4:00pm (Library)**  
**Primary Assembly 2.15pm**

**Friday 3rd June**                      **Chess Comp**

**Monday 6th June**                      **Infants Assembly 2.15pm**

**Monday 13th June**                      **Queen's Birthday Public Holiday**

**Wednesday 15th June**                      **Star Struck 2nd Major Rehearsal 7:45am-5:30pm**

**Thursday 16th June**                      **Star Struck Dress Rehearsal 8:00am—5:30pm**

**Friday 17th June**                      **Star Struck Performance 1 - 8:30am—7:00pm**  
**Show times 10:30am and 7:00pm**

**Saturday 18th June**                      **Star Struck Performance 2 - 12:30pm—10:00pm**  
**Show times 2:00pm and 7:00pm**

**Monday 20th June**                      **Public Speaking Zone—Final**

**Wednesday 29th June**                      **Presentation Day**  
**Disco**

**Reports to go Home**

**Thursday 30th June**                      **NAIDOC Day**

**Friday 1st July**                      **Last Day of Term**