



GWANDALAN PUBLIC SCHOOL

NEWSLETTER Term 1 Week 4 2020

GWANDALAN PUBLIC SCHOOL
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GWANDALAN
NSW 2259

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Principal: Sandra Notley

Week 4 Thursday 20th February

Student Led Interviews/Stage newsletters

This year we are continuing our initiative to have students take more responsibility for their learning. All students will be involved in setting their own goals. Obviously younger students will require more assistance with this than older students. Students will then be presenting these goals to their parents at a "Student Led Interview". We will be holding interviews for parents during week 7. Notes will be sent home in the next couple of weeks.

Swimming Carnival

Our swimming carnival will be held on Tuesday 25th February at Swansea Swimming Pool for all students turning 8 years old and over this year. A program is attached to this newsletter. Please note that the 100m starts at 9am and students who are able to participate in this event will require their own transport to the pool. Thanks to Mr Vine for organising the carnival. Please be aware that we will not be ordering from the pool this year and students are asked to bring their own lunch. Student will be able to buy some food from the canteen at the pool.

Book Packs

Well over 300 students have already paid for book packs and hopefully those students now have their book packs. Students will not be given book packs until payment is made. Again student assistance is available and forms for this are available at the office.

Working Bee



We have purchased 3 of these lovely shelters for the oval so our students can have a place to sit at lunch and recess. We have already installed the concrete pads on which they should be installed. Unfortunately they arrived like the second picture and we need some help

with putting these together.

If you are able to help with this sort of work we are having a working bee on **Saturday 7th March at 1pm**. A BBQ will be provided. Please help get this organised so our students can use them.

Calendar

Fri 21 Feb	Roosters NRL Visit Stage 2&3
Tues 25 Feb	Swimming Carnival
Fri 28 Feb	Primary Sport
Wed 4 Mar	P&C AGM



Behaviour Management Procedure

I am attaching our Behaviour Management procedures to this newsletter. These procedures are taken directly from our Student Wellbeing Procedures. Please take the time to read these with your child so they are aware of the consequences of poor behaviour. Sign and return the slip at the end of the class teacher to confirm you have read our procedures.

Attendance

It is a requirement of the Department of Education for parents and carers to explain all absences of their children. Absentee notes can be sent in with your child, emailed to the school or you can provide a verbal explanation via the phone. We now send a text when your child is not at school and you can just reply via Skoolbag or phone the office. If an absence goes unexplained for 7 days, a reminder note will be sent home.

This year we are having a sausage sizzle each term for students who attend 95% and any absences are justified (ie an explanation was given that is acceptable). At the end of the year students with 100%

attendance receive an award and students with 95% or above are recognised.

Point Wooli Sport

Because of the difficulty with getting all student health care information for sport on Friday, we have had to postpone the start of our program until next week. Please understand this has been very difficult for everyone involved to manage. I thank those parent who have gone to considerable trouble to get the information done, especially those who have put the information in more than once. The power-outage in Gwandalan and Summerland Point overnight has further complicated an already complicated situation. Students last session will now be the first week of term 2 so that they get all sessions that they have paid for.

Zone Sports Representatives

We have had one boy, Logan B and two girls, Nevaia M and Haylee G picked in the zone soccer teams.

Congratulations to these outstanding players.

Road Works

I have contacted the council about the completion of the road work on Kanangra Drive that was to be completed in January. This work is now scheduled to start late March and be completed during our next school holidays. This work should provide us with additional parking and additional "Kiss and Drop" spaces.

Anxiety

Here is this week's excerpt from "Anxious Kids- How children can turn their anxiety into resilience" by Michael Grose and Dr Jodi Richardson

"Our job isn't to protect them, not from everything

Witnessing the suffering of our children is a difficult burden to bear, no matter how old they are. It's helpful if we remind ourselves it's not our job to protect our kids from life's hardships, but to steer and guide them, and to help them get back up again when life knocks them down..." "Our role as parents in helping them do just that can never be underestimated. They learn so much from us that builds their confidence and resilience, and helps them handle anxiety when it crops up."

I do have a spare copy of this book if anyone wants to borrow it.

Kind Regards

Sandy Notley (Principal)

Five ways to be healthier in 2020



1

Quit smoking and drink less alcohol



4

Protect your skin when outside



2

Eat more fruit and veg



3

Move more



5

Thirsty? Choose Water!



Health
Central Coast
Local Health District

For more information, click on the icons, or for further resources to help you lead a healthier lifestyle, visit www.healthpromotion.com.au

2T's Favourite Toys

My favourite toy is a monster truck. Its name is Vault Buster. I like to play with it because I can ride it. It's pretty big! I have a jump out the front of my house that I make it jump off.

- **Jed M**

I have a toy dog and it's called Snuggles. I can flop his ears. When I first got him, you could press his nose and he could talk, but he can't talk anymore because he is old. Snuggles is brown and has blue eyes. He has an on and off switch on one of his paws. On some nights I sleep with him.

- Tabitha C

My favourite toy is a unicorn and its rainbow. I like it because it's so soft and fluffy. I hug it and sleep with it every night. Her fur is rainbow and she loves me. Her horn is light pink and it's black at the top of her horn.

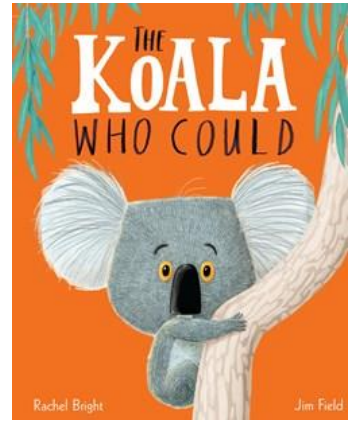
- **Natalie W**

My toy car is really fast. It's remote controlled and it's tyres spin. It also drives in the dirt. It bumps into stuff with its bumper bar. When it turns it makes a funny sound. I really enjoy playing with it.

- **Hayden S**



3/4G have enjoyed reading the story of Kevin, the Koala who thought he couldn't but he really **COULD!**



UNIFORM SHOP NEWS



Our uniform shop is open:-

- **Wednesday Mornings 8.30am – 9.30am**
- **Friday Afternoon 2.00pm – 3.00pm**

On line orders can be collected from the shop at the above times or the School office at your convenience.

Gwandalan Public School Swimming Carnival

Order of Events (order of events may vary)

1. 100m open freestyle (prior to buses arriving)
2. 50m age race freestyle (8 years, 9 years, 10 years, 11 years, 12/13 years)
3. 25m age race fun race. Boys and girls mixed. Boogie boards.
4. 50m age division breast stroke (junior, 11 years, 12/13 years)
5. 25m age division breast stroke
6. 50m age division backstroke (junior, 11 years, 12/13 years)
7. 25m age division fun kickboard- (boys and girls mixed)
8. 50m age division butterfly (junior, 11 years, 12/13 years)
9. Team (Mixed) Relays 4x50m (from times recorded in 50m) Junior and Senior
10. Free swim in main pool for average and strong swimmers.

50m/100m events will be timed heats. There will be no finals.

The intermediate pool will be open for less capable swimmers

<p align="center">Swansea Swimming Carnival</p> <p align="center">Canteen Menu</p>
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Hot Food

Hot Chips	\$3.00
Scallops	\$1.00 each
Chicken Nuggets	\$2.40 (for 3) \$4.20 (for 6)
Fish Cocktails	\$2.40 (for 3) \$4.20 (for 6)

Drinks

Coke Bottles (390ml)	\$3.30
Coke Zero Bottles (390ml)	\$3.30
Coke Can (250ml)	\$2.50
Coke Zero Can (250ml)	\$2.50
Pump Water (750ml)	\$4.00
Mt Franklin Water (600ml)	\$2.90
Kirks Cans (375ml)	\$2.80
Lemon/Lemonade/Pasito/Creaming Soda	
Powerade	\$4.20
Berry/Orange/Blackcurrent/Blue	
Fruit Box	\$2.40
Apple/Orange	

Chips and Lollies

Bag of Lollies	\$1.00
Fizzer/Chuppa Chups/Pythons	\$0.50 each
Chips	\$2.00
Mars Bar/Kit Kat	\$2.20
Furry Friends	\$0.80

Clean Up



Clean Up Australia Day 2020

On Friday 28th February our school will be participating in Clean Up Australia Day. This is an annual event which allows us to clean up, fix up and conserve our Australian environment. A Schools Clean Up is a great way to inspire our students to learn about the impact of rubbish on their local environment. It's a day when students and teachers work together to clean up an area of our school. Classes will be allocated an area of the school to collect litter from with their class teacher. Please provide your child on this day with some disposable gloves to help clean our school. Thank you for your support of this important event.

From the Office

Our office hours are 8.15am to 3.30pm. We accept cash, card and Parent on line payments (via school website). Notes can be dropped off at the office and put into the payment box at the front counter.

Notes

The following notes have been sent home. DEO notebook for Yr 5 \$140 and Yr 6 \$100. Bookpacks \$60 per student. Swimming carnival for 8yrs – 13 Yrs \$10. Friday Sport Yrs 3 - 6 \$25.

Attendance

Again, this year we are sending out sms messages to parents when students are absent. Please ensure that we have your correct mobile as we ask that you reply to these messages by phoning the school or recording the absence via the skoolbag application.

Medication

Is your child on medication at School?

If so, we would appreciate you arranging to have your child's medication prepared into a Webster pack. This is prepared for you at the Chemist. Many Chemists do this as a free service. However some charge a small amount.

Skool Bag App

Have you got our skoolbag app? If not, why not download it to keep up-to-date with all the latest news happening around the school. Just go to your application store and search Gwandalan Public School.

Second Hand Uniforms

We are always looking for donation of second-hand clothes

Payments Due

Bookpack payments – \$60

DOE Notebook Yrs 5 - \$140 – Yr 6 - \$100

OVEDUE - Friday Sport Yrs 3 - 6 - \$25

Friday 21st Feb – Swimming Carnival 8Yrs – 13Yrs - \$10



WYONG HIGH SCHOOL



Year 7 2021 Information Evening

Tuesday, 3rd March 2020

**School tours & BBQ commencing
4:30pm. Presentation 5:30pm -
6:00pm**

MPC (School Hall)

**Ph: 4353 1088 for more
information**





2021 IT SELECTIVE CLASS

Applications Open Now!



Applications close 25th March 2020

Attend our Information Evening on Tuesday, 3rd March 2020 at 4:30pm for more information.

Ph: 4353 1088



Wyong High School

PO BOX 406 53 Alison Road, WYONG NSW 2259
Tel: 02 4353 1088 Fax: 02 4351 2591
Web: www.wyong-h.school@det.nsw.edu.au



Year 7 2021 - IT Selective Class

To Whom It May Concern,

Applications are once again open for Year 6 students to apply for Wyong High School's 2021 Year 7 Selective Information Technology Class. Please forward the completed applications to Wyong High School by email: wyong-h.school@det.nsw.edu.au, mail, fax or alternatively hand into the front office.

Enclosed you will find the following:

- Information sheet for students / parents
- Application form for students wishing to apply for the IT Selective class

To proceed with this application Wyong High School requires the parent/guardian and student to also provide the following documents:

- Year 5 NAPLAN Report
- Last school report received
- High level academic, IT or sporting achievements
- A Creative Portfolio – Paper or USB showcasing examples of any prior IT knowledge. For example, but not limited to: IT Certificates, IT courses completed – examples of PowerPoints created, course or classwork in IT applications such as animation, game or digital design).
- Birth certificate
- Proof of residential address

The following dates should be noted for interested students and parents:

- Year 7 2021 Information Evening - Tuesday 3rd March 2020, 4.30pm
- Closing date for student entry application forms: Wednesday 25th March 2020
- Year 6 IT Taster Day – Wednesday 18th March 2020
- Entrance examination for the Selective Information Technology Class: Wednesday 1st April 2020, from 1.30pm to 3.00pm
- Parents / students will be notified of placement end Term 2, 2020.

After consulting with the Wyong AECG we are pleased to offer position/s to suitable applicants from Aboriginal and Torres Strait Islander background. We encourage these students to apply.

Yours faithfully,

Rodney Hill
Principal
Wyong High School



Wyong High School

PO BOX 406 53 Alison Road, WYONG NSW 2259

Tel: 02 4353 1088 Fax: 02 4351 2591

Web: www.wyong-h.schools.nsw.edu.au

Email: wyong-h.school@det.nsw.edu.au



13th February 2020

Dear Principal,

We wish to extend an invitation to your parents and students of Years 4, 5 and 6 to attend the Wyong High School Information Evening to be held on Tuesday 3rd March, 2020. The Information Evening will encompass our diverse and flexible range of learning opportunities on offer at Wyong High School to your students for 2021 and beyond.

Our **Selective Information Technology** program will be showcased to provide our educational associates and students with information and entry requirements to this selective program. Our Information Technology Selective program endeavours to produce students who are equipped with Future Focused learning skills such as collaboration, innovation, adaptability and leadership within the field of Information Technology. This is achieved via access to industry standard state of the art technology and specialist teachers. We invite parents and students to come and see our Information Technology facilities and meet our learning staff.

When: Tuesday, 3rd March 2020

Where: Wyong High School MPC (school hall)

Time: 4.30pm for school tours and BBQ, presentation 5.30pm – 6.00pm

RSVP: P 4353 1088 E: wyong-h.school@det.nsw.edu.au

Please do not hesitate to contact Wyong High School for further information or materials. We look forward to meeting with prospective parents and students on 3rd March 2020. It would be greatly appreciated if you could distribute the above opportunity onto your students.

Kind regards,

Mr. Rodney Hill
Principal
Wyong High School

Canteen News

Please check out the latest MENU for item and pricing changes.

The Menu can be found on the school website or grab one from the canteen.

The *NSW Healthy School Canteen Strategy* became compulsory for all Government Primary schools in NSW at the start of this year.

More info can be found at <https://healthyschoolcanteens.nsw.gov.au/>

Our menu is colour coded **Green for everyday items** and **Yellow for occasional foods**.

Please encourage your child/children to GO GREEN for strong bodies.

Volunteers

A massive thank you to all the new volunteers that have put their hands up to help.

Your assistance is greatly appreciated and the canteen could not function without your support.

If you or someone you know would like to help a few hours a month or even once a term, pop in or call the canteen on 49762054. Alternatively leave a message at the office and I will contact you as soon as possible.

Lunch Orders

Limited hot food is available at lunch times over the counter. If you would like to order from the Sandwich /Salad Bar or Hot Food Favourites please place a lunch order.

Flexischools

Is the preferred method for placing lunch orders. With lunch at 11am Flexischools makes tallying items, sorting classes and labelling so much quicker with less errors.

Flexischools eliminates forgotten lunch order bags and lost or stolen money.

If you need any assistance with downloading and setting up the Flexischools App please pop in and see us in the canteen.

Over the Counter Orders - MUST BE IN BY 9:15am

Bags should be clearly labelled with your child's name & class.

To help speed up the processing of over the counter orders, please **use the correct change** where possible and **avoid sticky tape and staples**.

Strong large lunch bags can be purchased from the canteen for 20c each.

If your order comes in a plastic bag please include the extra 20c for the paper bag.

A Special Thank You

To Tamika and Charlotte for the kind donation of a new Slinky Machine. It will get a good work out in the mornings, thank you.

To Lilly-Ann, Layla-J and CJ for doing a fantastic job as the Canteen Recycle Warriors.

To Woolworths Lake Munmorah for our fantastic fruit box each week.

As always, thank you for supporting your canteen.

Wishing you all healthy and happy taste buds.

Jane



Gwandalan Public School P&C Association

Kanangra Drive, Gwandalan, NSW, 2259

E: gwandalanpublicschool@pandcaffiliate.org.au

GPS P&C UPDATE Term I, Week 4

Colour Run prizes have been delivered to the school and will be given out to students over the coming days.

We had our first meeting for the year on Wednesday 5th February. The Principal had a lot of discussion points and it was good to hear all the things going on around the school. We had 2 new members which is great, but we would love to see some new faces.

We have lots of events to plan and deliver and we would love any help you can all provide.

JOIN GWANDALAN PS P & C

Our second meeting for 2020 will be on Wednesday 4th March at 6pm which is our AGM. We will do the AGM first and then we will hold our ordinary meeting. We would love for you to come and see what we do and have input in what happens around our school. We are all volunteers and many hands make light work. It only costs 50 cents to join so why not come and see what great stuff is happening around the school.

REMINDER FOR P & C PAYMENTS

Currently we can only have cash payments for our events made to the

office. Payments for P & C cannot be done through the school online system or via Eftpos.

SCHOOL BANKING



Our Commonwealth Dollarmites Banking program runs every Tuesday morning. Join the Facebook Group to stay up to date. Just search Gwandalan Public School Banking on FB.

CALENDAR OF EVENTS

DATE	EVENT
Wed 4 th March 6pm	AGM P & C meeting
Wed 1st April 6pm	P & C Meeting

PEAL Extension Group

For previous participants and new families

A 7 week program of self care and
mental wellbeing for **Parents**.
FREE childcare and Morning Tea provided



SELF CARE

Starting Thursday
27th February 2020
from 10am to 1 pm
at Dolphin Cottage
37 Colorado Drive, Blue Haven



MACRAMÉ

ROCK PAINTING

Arts & Crafts

Drumming

**ART
THERAPY**

and more!



Uniting

benevolent SOCIETY

For more information and registration please
contact Kerry Coorie 0407 224 604
email: kcoorie@uniting.org or Di Kingi on
4305 6200 email: dkingi@uniting.org

Behaviour Management Procedures - 2020

A school record is kept for each offence that breaches our school expectations and each incident will be judged according to its severity. For each offence that is at notification level or above a letter outlining the details of each offence will be sent home.

	BEHAVIOUR	WHAT HAPPENS AT THAT LEVEL
Notification	<p>You have chosen to do one of the following:</p> <ul style="list-style-type: none"> Continual disruption Sent to Buddy Class e.g. disruption Non-compliance Inappropriate play Inappropriate conflict resolution (verbal/physical) Teasing/Harassment 	<p>A notification is given to you for your parents explaining what you have done.</p> <p>Teachers print these when the incident is recorded.</p> <p>The teacher dealing with the offence has given you time out/in, sent you to Buddy Class/Office or other appropriate restitution.</p>
Planning	<p>Staff members and executive are worried about you. Perhaps you have chosen to do one of the following:</p> <ul style="list-style-type: none"> Blatant disregard of teacher instructions Constant distracting behaviours Out of bounds Encouraging others to fight Hurting others (physical/verbal) Inappropriate language towards others Rudeness to staff, visitors, students Inappropriate use of equipment Dangerous behaviour e.g. running across desks, throwing objects Inappropriate sexual talk/gestures You have disrupted your Buddy Class Refusal to go to Buddy Class or follow your cool down strategy You fail to fulfil the goals set as part of your Suspension Resolution meeting 	<p>Your record of offences will be entered on the data base.</p> <p>You will attend a planning session at lunch with the Principal or executive. You will be required to complete and sign your plan. You will set a goal for behaviour improvement.</p> <p>You will be given a letter about your inappropriate behaviour to take home.</p> <p>Your parents can contact the school to make an appointment for an interview with your classroom teacher and Principal or Assistant Principal.</p> <p>Adjustments are made for students with disabilities.</p>
Suspension Warning	<p>CONTINUED DISOBEDIENCE</p> <ul style="list-style-type: none"> Insolence to staff or visitors e.g. ongoing back chatting Non-Compliance for visiting staff (visitors to the school) Accessing and /or advocating inappropriate internet sites Theft Absconding from school grounds Failed to follow improvement plan from previous planning session <p>AGGRESSIVE BEHAVIOUR</p> <ul style="list-style-type: none"> Physical aggression Bullying, participating in and/or supporting bullying Damaging/stealing school/student property Inappropriate electronic abuse (e.g.SMS/Cyber Bullying/Facebook) Threatening teachers, staff or students Inciting violence⁹¹⁶² Verbal abuse Racist Behaviour Vandalism Sexualised behaviour 	<p>Students may be unable to attend:</p> <ul style="list-style-type: none"> - Excursions; - Special activities such as sport teams; - School representation; and - School privileges <p>If further incidents occur within 5 school days you will be given a short suspension.</p> <p>Learning Support Team Meeting.</p> <p>You will be given a warning of suspension.</p> <p>You will be placed on a Blue Monitoring Card to monitor your behaviour for 5 days.</p> <p>Your parents will be contacted.</p> <p>You will attend planning sessions during recess and lunch for a minimum of 2 days restitution</p> <p> *See footnote for SPECIAL NEEDS STUDENTS</p>

Short Suspension	<p>CONTINUED DISOBEDIENCE</p> <ul style="list-style-type: none"> Continued refusal to obey staff instructions Smoking <p>AGGRESSIVE BEHAVIOUR</p> <ul style="list-style-type: none"> Fighting electronic abuse (e.g.SMS/Cyber Bullying/Facebook) <p>*See footnote for SPECIAL NEEDS STUDENTS</p>	<p>Short suspension - up to 4 days due to inappropriate behaviour from Suspension Warning continuing.</p> <p>School work will be sent home to be completed.</p> <p>Students may be unable to attend:</p> <ul style="list-style-type: none"> - Excursions; - Special activities e.g. sport teams; - School representation; and - School privileges <p>Your parents will be required to attend a return from suspension meeting and develop a plan to support your return from suspension when you arrive back at school, as part of your Suspension Resolution.</p> <p>If inappropriate behaviours continue to be repeated you will undergo a Long suspension of up to 20 days.</p> <p>In some circumstances the principal may determine that a student should be suspended immediately. This will usually be due to, but not limited, to reasons such as the safety of students or staff.</p> <p>*See "Suspension and Expulsion of School Students"</p>
Long Suspension	<ul style="list-style-type: none"> Physical violence which results in injury or seriously interferes with the safety or wellbeing of others Use or possession of a prohibited weapon, firearm or knife Possession, supply or use of a suspected illegal substance Serious criminal behaviour related to the school e.g. malicious damage to school/student property Use of an implement as a weapon Persistent or serious misbehaviour <p>*See footnote for SPECIAL NEEDS STUDENT</p>	<p>Long suspension – up to 20 days</p> <p>School work will be sent home to be completed.</p> <p>Students may be unable to attend:</p> <ul style="list-style-type: none"> - Excursions; - Special activities e.g. sport teams; - School representation; and - School privileges <p>Your parents will be required to attend a return from suspension meeting and develop a plan to support your return from suspension when you arrive back at school, as part of your Suspension Resolution.</p> <p>*See "Suspension and Expulsion of School Students"</p>

WITHDRAWAL OF PRIVILEGES

Should a student's history of unacceptable behaviour indicate that he or she might compromise the safety or welfare of himself/herself or other students, the school reserves the right to withdraw that child from an activity or excursion.

Indicators of unsuitability for inclusion on excursions or activities are a history of: violence, disobedience, non-cooperation or abuse of others.

SPECIAL NEEDS STUDENTS

There is provision for each student of special needs to be viewed on an individual basis. In particular, students with a diagnosed disability need to have their special circumstances considered in the event of any disciplinary action. Students identified as high risk will have an Individual Behaviour Plan.

Please return this slip to the office. Keep the rest of the policy for your reference.

Child/ren Name/s: _____

I have read the Behaviour Management Procedures and discussed it with my child/children.

Name: _____

Signed: _____